

Skills Programme: Massage Therapist

Skills Category: Services Skills

SAQA Qualification No:

NQF Level: 4

Credits: 6



Training & Consulting
Unlocking your hidden Potential

Target Audience

Minimum 10 Delegates

This qualification is designed as the first qualification in the learning pathway in the Beauty sector and is suited to the following occupations:

- ❖ Make-up Artist
- ❖ Beauty Technician
- ❖ Spa Therapist
- ❖ Entrepreneurs looking to venture into Beauty Industry

Entry Requirements

Learners accessing this qualification are assumed to be competent in: Communication and Mathematical Literacy at NQF Level 3 (Grade 11/standard 9).

Recognition of prior learning available

Qualification Objectives

The qualification is aimed at developing the necessary task skills, task management skills and job/role management skills of those working or intending to work in the beauty industry. The learners will be able to integrate the generic salon requisite skills, knowledge, values and attitudes with those specific to the beauty industry, ensuring the business in which they operate runs smoothly and offers excellent customer service according to industry standards.

Qualification Exit Level Outcomes

- ❖ Set up a Massage station.
- ❖ Coordinate and perform Massage service.
- ❖ Perform Massage services.

Qualification Outline

ID	UNIT STANDARD TITLE	Level	C
	MESSAGE THERAPIST		6
377487	Perform a relaxing back and neck massage	4	6

Modules	Notional hours	Classroom based training = 20%	Workplace training = 70%	Assessment / Remediation = 10%
Massage Therapist	60	12	42	6

Module	Total Number of days	Classroom based training = 20%	Workplace training = 70%	Assessment / Remediation = 10%
Massage Therapist	10	3	6	1

Course Delivery

Starting time	: 08h30
Mid-morning break	: 10h00 – 10h15
Lunch	: 12h00 pm – 12h45
Mid-afternoon break	: 14h30– 14h45
Knock off	: 16h00

Delivery Method:

The programme is facilitated by a competent subject matter specialist/s, which utilises the following techniques to ensure that the session is practical and experiential: Discussion; Role Plays; Exercises & Case Studies; Simulation; and learner assessment.

Assessment and Certification

Formal Assessment:

Each learner will be provided with an assessment guide on the last day of the programme in which a range of assessment methods and tools will be used to assess the competence level of each individual learner.

Feedback:

Learners will receive comprehensive, detailed and accurate feedback on assessment.

Certification:

When the learner is found to be competent in the specific field of knowledge a certificate will be issued.

Language of delivery:

English

